## **IPF CALENDER FOR 2016 - 2017**

S.No.	Name of Events	Place	Dates
1	EAST ZONE P/L & B/P	KATRAS, DHANBAD	7th to 10th April, 2016
2	CAMP FOR ASIA	DELHI	24th & 25th April, 2016
3	SUB-JR. N/L P/L & B/P	LUCKNOW	12th to 15th May, 2016
4	FINAL CONDITIONING COACHING		
		UDAIPUR	1st to 6th June, 2016
	CAMP FOR ASIAN MEET		
5	ASIAN POWERLIFTING CHAMP.	UDAIPUR	7th to 12th June, 2016
6	WEST ZONE P/L & B/P	UDAIPUR	15,16,17July, 2016
7	E.C. & AGB MEETING OF IPF	JAMSHEDPUR	14th August, 2016
8	SENIOR NATIONAL P/L & B/P	JAMSHEDPUR	7th to 11th Sept, 2016
9	FINAL CONDITIONING COACHING		
	CAMP FOR ASIAN BENCHPRESS	DELHI	15th & 16th Sept, 2016
	CHAMPIONSHIP - 2016		
10	FINAL SELECTION TRIAL FOR ASIA -		
	OCEANIA P/L CHAMPIONSHIP	JAMSHEDPUR	1st & 2nd Oct, 2016
	CHRISTCHURCH, NEW ZEALAND		
11	ASIAN B/P CHAMPIONSHIP - 2016	Tashkent, Uzb	14th to 20th Oct, 2016
12	FINAL CONDITIONING COACHING		
	CAMP FOR OPEN WORLD AT	NEW DELHI	21st & 22nd Oct, 2016
	ORLANDO, USA(13 - 19 NOV)		
13	FINAL CONDITIONING COACHING		
	CAMP FOR ASIA - OCEANIA P/L	NEW DELHI	8th & 9th Nov, 2016
	CHAMPIONSHIP - 2016		
	CHRISTCHURCH, NZ		
14	INDIAN TEAM LEAVING FOR	NEW DELHI	10/11TH Nov, Return
	ORLANDO, USA	INLVV DELIII	20.11.16

	ZEALAND	NEW DELHI	2nd Dec,2016
16	ANNUAL FUNCTION	MILANEE, JSR	23rd to 26th Dec, 2016
17	SUBRATA CLASSIC INTERNATIONAL P/L, B/P & DEADLIFT	MILANEE, JSR	27th to 30th Dec, 2016
18	JUNIOR & MASTER NATIONAL P/L & BENCHPRESS	COIMBATORE (TAMILNADU)	11th to 16th Jan, 2017
19	SOUTH ZONE P/L & B/P	MANGALORE (KTK)	7th to 11th Feb, 2017
20	SUBRATA CLASSIC NATIONAL & POWERLIFTING, BENCHPRESS & DEADLIFT CHAMPIONSHIP	JAMMU	20 <sup>th</sup> to 24 <sup>th</sup> March,2017
21	FEDERATION CUP, NORTH ZONE P/L, B/P & SELECTION TRIAL FOR ASIAN POWERLIFTING CHAMPIONSHIP (INDONESIA) FOR (M & W) S/JR, JR, OPEN (SR) & MASTERS 1,2,3,4	JAMMU	25th to 28 <sup>th</sup> March, 2017

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